

# MASSAGES AT LAGON KRUSOE



On reservation only with Agnes

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### "Cocooning des îles": soft and enveloping massage.

Californian and intuitive global massage to relax, relieve chronic pain, evacuate emotional trauma, release tension, de-stress. Organic argan oil 55 min/59€.



# "Sigh of the lagoon": anti pain massage

The Knap point massage brings a quick relief of multiple pains by massaging the listed symmetrical points. These points are located at the storage sites of toxin deposits, at the emergence or on nerve pathways, muscle insertions, ligaments and tendons. Pink gypsum massage stick

45 min/49€.



## "Life energy": re-balancing massage.

Standing massage of the meridian points according to traditional Chinese medicine after an individualised assessment of needs. Dialogue during the whole session. 55 min/59€.



#### **Soft therapy: Harmony session**

Kinesiology session to regain emotional and energetic balance, to free oneself from the past, to find with precision the right direction for one's personal and/or professional life 1h15/69€

